



Hodmedod's

**Gaps in legume availability,
access and awareness of
suitability for regional
production in Europe.
Opportunities presented from a
retailer's perspective**

**Josiah Meldrum
@hodmedods #lovepulses**















Great British Beans



Split Victor Beans

GROWN IN THE UK

500g

TO COOK SIMPLY RINSE, SOAK
BOIL AND SIMMER



Visit our website for recipe
ideas - greatbritishbeans.co.uk

What did you think of our beans?

- How much did you like the beans?
A lot A little Not at all (please circle)

- Would you buy the beans again (£1.20/500g)?
Yes Maybe No

- Have you eaten dried fava beans before?
Yes No Not sure

- How important is it to you that the beans
are grown in East Anglia?
Very A little Not at all Not sure

- How did you cook the beans? Comments?

Need more space?
To tell us more or
submit recipes, visit
our website
greatbritishbeans.co.uk

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Freepost RSXB-RLLX-KLJS
Great British Beans
Holly Farm
Common Road
Bressingham
DISS
IP22 2BG

























Hodmedod's







**FICOT BEAN
LOAM ROAST**



**VEGAN LEMON MERINGUE
PIES**



**ROAST CAULIFLOWER
AND QUINOA SALAD**



**LEEKS WITH NAKED
BARLEY FLAKES**



**SUMMER BEAN SALAD
WITH UMAMI DRESSING**



**FAVA FARFALLE
PINENUTS AND**



**CHOCOLATE
SESAME BITES**



**CAMELINA HALLOUMI
BITES**



**BEAN AND BEETROOT
BURGERS**



CLASSIC MUSHY PEAS

by Jenny Chandler • November 10, 2017 •



FAVA BEAN BIRYANI

by Nick Saltmarsh • October 15, 2017



**FAVA UMAMI
SALSA VERDE**



**ROASTED LEEK,
VEGAN
MINCE**



BRITISH DAL MAKHANI

by Jenny Chandler • March 11, 2018 •

1 Comment



**PLUM AND FRANGIPANE
TART WITH YELLOW PEA
FLOUR PASTRY**



**DAL SAAG - SPLIT
YELLOW PEA AND
SPINACH DAL**



**VEGAN SCOTCH
PANCAKES WITH FAVA
FLOUR**



**CROSTINI WITH
WHITE CHEESE
AND EDAMAME**

by The Cook and Him •



**MUSHROOMS
AND QUINOA**



**MUSHY PEA AND
MUSHROOM PIE**

by Jenny Chandler • November 10, 2017 •



**MOORISH MUSHY PEAS
WITH HARISSA**

by Jenny Chandler • November 10, 2017



**SPROUTS WITH
WALNUTS, SHALLOTS
AND CAMELINA SEEDS**



**VEGAN CRANBERRY,
ORANGE AND WALNUT
CAKE**



**GLUTEN-FREE
APPLE SAUCE**

by The Cook and Him •

